

## Contact Us

**Administrative Hours:** Mon. — Fri., 9am-5pm

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## Testimonials

*“With the help and counseling from (PEI Kids’ staff), my children were able to move forward. But what really helped me was group counseling . . . and listening to other parents that had similar experiences. With the help of the team, my daughter was able to testify against her father in court. He is now in prison and serving a 6 year sentence. — mother of a 14-year-old girl in the Crisis Intervention program*

*“My daughter compared her visits with PEI Kids’ counselors with ‘going on vacation.’ The counselors helped her to fully realize that the sexual abuse was not her fault, and that the perpetrator was where he belonged — in jail.”— father of an 8-year-old girl in the Crisis Intervention program*

## Mission

PEI Kids is dedicated to promoting and maintaining a safe environment for all children.

PEI Kids works with the child, family, and caregiver to provide prevention, intervention, and advocacy programs relating to personal safety, sexual abuse, and the overall well-being of the child.

## PEI Kids Services

### Prevention

- School-based prevention education focused on child assault, child sexual abuse, and bully prevention
- Community-based outreach and education to prevent child sexual abuse

### Intervention

- Counseling and support groups for child victims of sexual abuse and non-offending family members
- Counseling for children, 12 years of age and under, with sexual behavior problems
- Juvenile offender and anger management services for at-risk youth

### Support Services

- Family transportation and visitation services for children in foster care and their families



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## Crisis Intervention for Child Victims of Sexual Abuse



*A safe space and  
proven practices to  
help children and  
their families heal*



## Program Overview

PEI Kids' *Crisis Intervention for Child Victims of Sexual Abuse* program provides immediate, professional counseling for child victims of sexual abuse, ages 3-18, and their non-offending, supportive family members. The aim of the program is to mitigate the effects of sexual abuse on child victims, enable parents to identify attitudes/parenting styles supportive of the counseling process, educate parents of behavior exhibited by sexually abused children, and reduce the risk of future victimization.

Our *Crisis Counseling for Child Victims of Sexual Abuse* program provides 12 weeks of trauma-focused cognitive behavioral therapy for victims and their families immediately following the disclosure of the abuse. Occasionally, extended counseling is provided to children with ongoing or unresolved issues.

Our *Support Groups for Child Victims and Their Families* help clients and family members heal and return to a level of normalcy through education and peer support. Each support group is led by a member of PEI Kids' professional, licensed counseling staff. PEI Kids has four support groups—for parents/caregivers, for adolescent victims, for siblings, and for child victims.

## Service Goals

### *Crisis Counseling for Child Victims of Sexual Abuse*

- Provide immediate counseling for child victims of sexual abuse
- Teach children how to modify sexually inappropriate behavior
- Provide tools to help victims and family members deal with the trauma and post-traumatic behaviors associated with child sexual abuse
- Connect children and families with additional community resources as needed
- Provide children and families with court preparation and accompaniment, upon request

### *Support Groups for Child Victims and Their Families*

- Enhance intergenerational communication, empathy and bonding
- Improve positive body awareness and self-acceptance
- Increase assertiveness skills and knowledge of healthy boundaries
- Improve caregiver understanding of child behavior
- Increase comfort level between child and caregiver when discussing sex and sexuality
- Includes childcare for young siblings to make it easier for families to attend



## Service Results

For child victims of sexual abuse

- Reduce symptoms of trauma associated with sexual abuse, such as nightmares, anxiety, promiscuity, flashbacks, depression, explosive temper, oppositional defiant behavior, etc.
- Enhanced coping skills
- Improved self-esteem
- Ability to identify, label, and express feelings regarding their trauma

For parents/caregivers

- Improved awareness of behavior exhibited by sexually abused children and/or children with sexual behavior problems
- Enhanced understanding, attitudes, and parenting styles supportive of the counseling process
- Satisfaction with program effects on their child
- Increased comfort level talking about sex and sexuality with children
- Comfort returning to PEI Kids for additional support if needed

## Eligibility

We respond to referrals regarding child sexual abuse within 48 hours. Our services are free and are available for male and female victims, ages 3-18, and their non-offending family members. Our facility is handicap accessible. Services are available in English and Spanish.