

Services

Prevention

Organizational and school-based workshops focused on personal safety for children, bullying prevention, online safety, and mental wellbeing.

Intervention

- Counseling and support groups for child victims of sexual abuse;
- Counseling for children with problematic sexual behavior;
- Community-based programs for first-time offenders and youth on probation;
- Anger management for at-risk youth; and
- Victims' services for youth impacted by violence

Family Support Services

- Assisted transportation for children in foster care; and
- Family visitation services for children in foster care and families under DCPD supervision.



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Prevention Education

Empowering children.
Reducing vulnerability.

Did You Know

- 1 in 5 teens in the United States experiences a mental health challenge by the time they are 18.
- Suicide is the 3rd leading cause of death for youth ages 15-19.
- 1 in 4 children suffers a trauma or victimization before they turn 18.
- 90% of children between ages 8 - 16 have been exposed to online pornography, with the first exposure being at 11 years old on average.
- Research shows that Children who engage in school-based Prevention programs are:
 - more likely to use self-protection strategies,
 - more likely to feel successful in protecting themselves,
 - more likely to seek help, and
 - more likely to disclose a victimization or incident.



Mission

PEI Kids is dedicated to promoting and maintaining a safe environment for all children. PEI Kids works with the child, family and caregivers to provide prevention, intervention, and advocacy programs relating to personal safety, sexual abuse, and the overall well-being of the child.



Overview

PEI Kids' Prevention Education programs seek to reduce children's vulnerability through evidence-based programs that cultivate mental wellness and empower children to set and assert personal boundaries, maintain their personal safety, and recognize and safely disclose unsafe situations.

Children's and youth workshops are available for schools and youth-serving organizations. Adult workshops are available for parent groups, caregivers, educators, and other adults who support children.

Prevention Education programs are designed to:

- Provide education on critical topics such as personal safety, mental health and wellness, physical/sexual abuse prevention, bullying/cyber-bullying prevention, and digital safety;
- Empower children with skills to maintain their personal safety;
- Provide students with one-on-one "Talk Time" with a trained Facilitator;
- Provide informative adult workshops on how to recognize and respond to disclosures and unsafe situations; and
- Create safer school climates as students and staff employ prevention strategies.



tMHFA

Adolescence is a time of critical change and development when mental health challenges may first emerge. Teen Mental Health First Aid is an evidence-based training program brought to the U.S. by the National Council for Mental Wellbeing in partnership with Lady Gaga's Born This Way Foundation.

TMHFA teaches teens the skills to recognize, respond, and provide support for friends/peers who may be experiencing a mental health challenge or crisis. It also teaches teens how to recognize mental health challenges themselves. This 6-session workshop series covers:

- Recognizing signs and symptoms of a mental health challenge or crisis;
- Recognizing signs and symptoms of substance use, self-harm, and suicidal ideation;
- Opening the conversation about suicide; and
- Resources, when and how to seek help from a trusted adult.



NetSmartz

NetSmartz, a 45-minute digital safety program from the National Center for Missing and Exploited Children (NCMEC), teaches children, age 5-17, potential dangers they may encounter online using computers, cell phones, gaming platforms, and other digital devices. NetSmartz equips children to make better safety choices with the goal of preventing victimization.



Child Safety Matters

Child Safety Matters is a comprehensive, two-session workshop that educates and empowers children in grades K-5 universal strategies and safety rules that apply to bullying, online dangers, digital citizenship, emotional, sexual and physical abuse, and healthy relationships. Supplemental lessons are available for mental health and substance use/abuse.



Teen Safety Matters

Teen Safety Matters is an evidence-informed program for youth, in grades 6-8. TSM encompasses all the topics of Child Safety Matters at an age-appropriate level, while also addressing topics of Relationship Abuse, Sexual Assault, Exploitation and Human Trafficking. Students learn to recognize unsafe situations and respond using universal strategies and safety rules.