ANSWERS

1. Which of the following is NOT a form of dating abuse?
Answers: - Not telling you where they were last night
- Forgetting your birthday

2. Abuse is never the survivor's fault**.** **Answer: True**

3. The period after leaving an abusive relationship is the safest time for the survivor. **Answer: False**

4. What is a safety plan? **Answer: All of the above**

5. Both you and your partner are honest and trust each other.
Answer: Healthy

6. You and your partner only spend time with each other.
Answer: Unhealthy

7. Your partner regularly accuses you of cheating when it's not true. **Answer: Abusive**

8. Your partner is not communicating with you.
Answer: Unhealthy

9. Both you and your partner enjoy personal time away from each other. **Answer: Healthy**

10. One partner is isolating the other from friends and family.
Answer: Abusive

The source of information for this quiz is LoveIsRespect.org. For information on how to help someome who is in an abusive relationship, visit LoveIsRespect.org

COMPLIMENTS OF

PEI KIDS



TAKE THE RELATIONSHIP DATING QUIZ

CAN YOU SPOT SIGNS OF ABUSE IN A RELATIONSHIP?

FIRST, IMPORTANT NOTES

This survey addresses sensitive subject matter which may be triggering. It is not created for or intended for distribution to minors under 14.

If you're experiencing abuse, danger, or in an emergency, call 9-1-1. If you've experienced sexual abuse, or you're not sure, contact PEI Kids for support at 609.695.3739 or information@peikids.org.

OK, LET'S BEGIN

Answer the following questions by choosing the correct responses. Once you've finished, you can check your answers on the back.

1. Which of the following is **NOT** a form of dating abuse? *Select all that apply:*

___Isolating you from friends or family
___ Putting you down frequently, especially in front of others
___ Not telling you where they were last night
___ Explosive outbursts, temper, or mood swings
___ Pressuring you or forcing you to have sex
___ Forgetting your birthday
___ Checking your phone, email, or social media accounts without your permission
___Extreme jealousy or insecurity
___ None of the above. These are all abuse.

2. Abuse is never the survivor's fault. ___ True ___ False

3. The period after leaving an abusive relationship is the safest time for the survivor. ___ True ___ False

4. What is a safety plan?

___ A personalized, practical plan to improve your safety while experiencing abuse

___ A personalized, practical plan to improve your safety while preparing to leave an abusive situation

___ A personalized, practical plan to improve your safety after you leave an abusive situation

___ All of the above

___ None of the above

The Relationship Spectrum. All relationships exist on a spectrum from healthy to abusive, with unhealthy relationships somewhere in the middle.

For this last set of questions, indicate where these situations fall on the spectrum. Rate each scenario as healthy, unhealthy, or abusive.

5. Both you and your partner are honest and trust each other. ___ Healthy ___ Unhealthy ___ Abusive

6. You and your partner only spend time with each other. ___ Healthy ___ Unhealthy ___ Abusive

7. Your partner regularly accuses you of cheating when it's not true. ___ Healthy ___ Unhealthy ___ Abusive

8. Your partner is not communicating with you. ___ Healthy ___ Unhealthy ___ Abusive

9. Both you and your partner enjoy personal time away from each other. ___Healthy ___Unhealthy ___ Abusive

10. One partner is isolating the other from friends and family. ___ Healthy ___ Unhealthy ___ Abusive

You're done! Check your answers on the back.

